



Are you a parent of a child (First through College) with ADHD in need of support? Parenting is hard and ADHD adds an element that can be tricky, meet others who are on the same journey! Websites and articles are great information, but not always so great for support. Sometimes we just need to be heard, or to relay our frustration without being judged. Meet other parents who understand the impact of ADHD on your life. The atmosphere of honesty at our meetings is very refreshing. No children please.

- Next Meeting: September 9th - 7 pm (Location Released in Contact)
- If interested in attending please contact: COORDINATOR/CONTACT: [wheatonparents\\_illinois@chadd.org](mailto:wheatonparents_illinois@chadd.org)

**Speaker:**

Holly Taritas

Coach for The Center for Lifelong Learning

Holly works with clients on executive functioning and life coaching and teaches student teachers online at Grand Canyon University. She is a former Wheaton North High School teacher and administrator. Executive Functioning is her passion as she reminds her students that we are always learning, growing and improving. Practice makes progress!

[Student Success Coaching – The Center for Lifelong Learning](#)

**Topic:**

Understanding that each of us within a family unit has strengths and weaknesses, how to create a household where each work together for a loving and progressive environment.

Does your ADHD child struggle with time management, completing tasks, stress, anxiety, comprehension, organization, motivation, or goal setting???? Holly will be covering this and so much more!!

