



## Internships

### Overview:

Wheaton Academy desires to create unique opportunities for students to engage in career shaping activities and help them discover how God has uniquely equipped them to positively impact the world. An internship provides a student firsthand perspective of the skills and tasks needed to be successful in a potential career path.

The experience can engage students in business strategy, digital transformation, sales, marketing, or operations of a for profit or not-for-profit business, for example. It can also give them a glimpse into, for example, the engineering, computer science, real estate, food service, wealth management, commodities trading, education, or healthcare industry.

Wheaton Academy places such high value on these experiences that it requires that all students complete one internship some time in their four years. The graduation requirement does not apply to transfer students.

While Wheaton Academy encourages students to use the two weeks of Winterim to pursue an internship, alternate timing may be available based on the internship opportunity, nature of an experience, and student availability. We will work with the host and students to create the best experience possible.

### Objectives:

- Provide students with realistic, challenging experiences in for-profit and non-profit business
- Help students learn about business and careers with hands-on experience
- Prepare students by developing leadership, management, and other employment skills
- Expose students to professional expectations
- Create mentoring relationships where professionals share the benefits, drawbacks, and paths for entering the profession
- Intentionally engage students to answer questions, provide information, and resources about different careers and industries
- Reinforce how important it is to think, be curious and problem solve



### **Expectations of the Student Intern:**

Students agree to the following terms BEFORE for the internship experience:

- Students should attempt to make arrangements for an internship with an internship host before completing the online internship application.
- An internship host needs to be someone outside of the student's immediate family (immediate family includes parent and siblings) unless an exception is requested and approved.
- Students should show their internship host these internship guidelines and ensure their internship host understands the purpose and requirements.
- Students understand that the school is not liable for any injuries that they may sustain because of this internship.
- Students understand that they may be removed from the internship if they do not follow the guidelines of Wheaton Academy or the host or if they perform poorly.

Students agree to the following terms DURING the internship experience:

- Students must work a minimum of 60 hours for the internship. Students will arrive at the location on time each day, as required and agreed upon with the host. The internship can include a project-based assignment so that it does not require full-time (60 hours) on-site presence.
- Students' workday should not exceed eight hours on any given workday.
- In most cases, students should be working at their location for each day. Exceptions are allowed for project-based assignments or virtual work environments.
- Students must submit their Internship Portfolio following the completion of their internship.
- Students are expected to conduct themselves in a manner that complements the business' expectations and policies, maintaining high standards of professionalism while at the internship location.
- Students are responsible for their own transportation to and from the internship location.

### **Student Enrollment Criteria:**

- Student has had no more than twelve excused absences during the year prior to the internship.
- Student has had no unexcused absences during the year prior to the internship or suspension from school for any reason during the year prior to an internship.
- Priority for internship placement will be shown to those students who are in good standing with Wheaton Academy. Students who are on any type of school probation must complete an additional interview with an Internship Coordinator for acceptance into the program.



### **Expectations of the Internship Host**

Student interns are supervised by the internship host, a staff person employed by the worksite. Typically, the internship host has experience and expertise in the area in which the student is interning. The host should be prepared to:

- Prior to the student's first day of the internship, the internship host will meet with the student to discuss his or her responsibilities, orientation to the job, and workplace policies and expectations.
- Provide the student with realistic, challenging assignments that facilitate learning. (We want to avoid students just conducting work of a clerical nature).
- Provide adequate equipment, materials, and other facilities required to provide an appropriate learning experience for the student intern.
- Help the student learn about business culture and adjust to the workplace. Please inform the student about the business regulations regarding confidentiality and public access to information.
- Serve as a mentor, sharing the benefits and potential drawbacks of a career in the field and giving suggestions for entering the profession.
- Supervise and intentionally meet with the intern daily during the internship to guide performance, answer questions, and provide background information and resources related to the intern's work.
- Adhere to all applicable State, Federal and government agency rules, and regulations
- Notify the Internship Coordinator immediately of any problem which occurs that cannot be resolved by the internship host.
- Submit an internship evaluation and sign the daily log at the end of the internship experience.



## Internship Portfolio

1. **Reflection Paper:** Imagine someone asking you HOW your internship experience went, what would you say about what you experienced or learned? Please submit a reflection paper that includes, at a minimum, your reflection on the following:
  - How the experience helped you with your college readiness, college major, career ambition
  - How the experience better prepared you for the future
  - Your experience in engaging with individuals about their careers and career paths
  - The most enjoyable parts of the internship experience
  - The least enjoyable parts of the internship experience

Length: 2+ pages

Points: 50 pts

2. **Daily Log:** You must complete a daily log of each day's time, activities, and a reflection. You are welcome to complete the log electronically or print it out, write on it, and scan it for submission.

Length: One for each day, total hours recorded = 60

Points: 25

3. **Photos of Internship:** Submit 3-5 photos from your internship experience. Be as creative as you want! Be aware of any confidential information or restrictions that are not permitted by your host or host organization. The photos could involve:
  - You completing an activity
  - You interacting with someone during your internship
  - You with your internship host
  - You completing/working on a project at your internship.

Points: 25

Total Points for Portfolio: 100pts.

Due Date: One week after your internship ends

Submission: Email ([internships@wheatonacademy.org](mailto:internships@wheatonacademy.org))

PowerPoint, Word or PDF Documents Only

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